remote patient monitoring by enable healthcare



Always keep smartphone plugged into charger.

Getting Started

01. Remove the smartphone and charger from box. The phone is sufficiently charged for the first use. Take out Glucometer (batteries are already placed in).

02. Start your phone, power ON button is on the right side. Hold button until logo appears. Be sure the phone is turned on before you take a reading. (see *diagram 01*)

03. The smartphone and glucometer have already been connected for you. The phone needs to remain on for continued connection.



05. Insert the test strip into the meters strip

and the white arrow facing up.

port with the contact bars facing toward you

04. Power on glucometer by pushing the button on the right side of meter. The meter will light up. (see *diagram 02*)



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Getting Started (cont'd)

06. Prepare the lancing device. (see *diagram 04*).



07. Please clean your index finger with an alcohol swab before obtaining your blood sample.

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Getting Started (cont'd)

08. Obtain your blood sample by pressing the lancing device against your index finger. Press the release button to puncture the site and gently squeeze your finger until a drop of blood forms. (see *diagram 05*).



09. Apply your blood sample to the test strip by holding the edge of the test strip to your drop of blood. Wait for your result. (see *diagram 06*).



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Getting Started (cont'd)

10. Your glucometer will display your results once completed. It'll also automatically sync with your smartphone when you hear a sound alert from your smartphone.



11. Discard the used test strip and lancet properly.



Important

Make sure the phone is ALWAYS on charge. Removing the phone from the charger can lead to connection issues.

For additional assistance please visit **www.** ehiehr.com/rpmpatients

If any issues occur, please contact RPM support at **973-421-5222.**